

The sole purpose for this flyer is to create awareness in the minds of others of the struggles and confusion individuals face when separated from their family, home environment, and inner circle. Adapting to changes such as these and others that follow is a big challenge for adults, but more so, for children, if and when separated from their parents.

We are extremely grateful to the USA for opening up their doors to receive the multitudes that represent other countries and cultures. Needless to say, this nation definitely embraces and lives to the words in the Pledge of Allegiance where it says, “**ONE nation, under God, indivisible, with liberty and justice for ALL.**” This is why the immigrant population is willing to do their part in accepting their responsibility to adhere and become part of the language and culture which is new to them upon arrival, yet, without ever surrendering their own identity. **God Bless America!**



Venezuela



Colombia



Honduras



Guatemala



Mexico



Salvador



Sevier United welcomes and empowers Sevier County immigrants and minority communities, connecting hearts and hands with resources and education, to develop a sense of belonging, and to have an active interest in the civic, social, and moral welfare of our community.

Sevier United seeks to provide a safe place where immigrants and minority families in Sevier County can find connection and support while being treated with dignity and respect. Our Board of Directors and volunteers will try to help you with your needs, in accordance with our resources.

Get in touch with us:

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Copywrite Sevier United

Children are our best way to thank God, Let's bring a Smile to their stomach!



Despite living in the same nation, we all differ in skin tone, hair texture, language and many other unique and outstanding cultural factors.

Without a doubt, we all differ in culture, food, music, dance, and traditions. It is what unites us and at the very same time, it is what makes us all unique and gives us a sense of identity amongst ourselves and other cultures.

In Central and South America, customs and languages are similar in many ways. The warmth and love among family members is traditionally and openly expressed.

In Central and South America, customarily children expect their parents to deposit a daily blessing upon them when they cross each other in the morning hour and at the end of each day.

Honor and respect towards the elderly and adults is not a choice children need to make. It is an honor they must embrace and put to practice early on in their lives.

Cultural value is part of family honor and belonging which has been passed down through the generations and embedded in the hearts, souls and spirits of the newborn to this day. We can attest to that!

Breakfast:

Arepas = popusas (video on "How to make arepas": <https://youtu.be/wxGNaurQBWk>.) they are filled with eggs, meat, beans, cheese, ham, fried plantains with beans, egg, cheese, lower case, sandwich.



Lunch

Rice, meat or chicken, beans, plantain.



Chicken or beef soup with vegetables.



Stewed meat or chicken with rice.



Spaghetti or pasta with ground beef or chicken.



Burritos of tortilla, rice, beans, tomato and onion.



Quesadilla (tortilla and cheese)



Dinner

Typical meal for dinner: arepas, burritos, posole, quesadillas, beans, plantains, eggs, cheese, cereal, taco, sandwich, enchilada, tamales, potatoes, spaghetti with cream, ceviche (tuna salad), .



Quesadillas

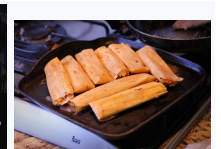
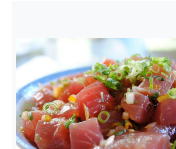
Tacos



Enchilada

Posole

Spaghetti with cream



Ceviche

Plantain with Chesse Tamales

The major focus is to empower the Anglo population on the importance of providing our Hispanic children with low-cost and easy to prepare meals they can relate to. Meals are provided at home on a daily basis. Without a doubt, this practice will bring a smile and appreciation on their part towards those who take the time to practice it.

"Let's bring a smile to their stomach!" I'm sure you can relate! 😊